






## Meet the Hermit

Chef Ted McCormack, a New Hampshire native, graduated from Johnson and Wales University before traveling from across the country (for Lake Tahoe's dry snow) and to France (for the steep Alps and pastries) and to Arkansas (for BBQ) and back to New Hampshire (Ice Storm anyone?) where he has held position of Executive Chef at Ron's Landing, Three Chimneys Inn and Flag Hill Winery and Distillery. He was voted Chef of the Year 2007 by colleagues in the Piscataqua Chapter of the American Culinary Federation. While at Flag Hill, Ted developed his vision of New England Regional Cuisine with monthly changing locavore menus. He now draws on this experience and works with local farms to develop Farmers' Market Prepared Meals. This progress develops community ties, ensures biodiversity and food security in the Seacoast Region of New Hampshire. Chef McCormack has presented at many public and private events promoting locally sourced seasonal ingredients and is excited to have his own store front to showcase the best of what is in season!

Member of

-  Seacoast Slow Food
-  American Culinary Federation
-  Chef's Collaborative
-  Pickpocket Farm CSA
-  NH Farm to Restaurant

## HOSTING A PARTY?

HARVESTING HERMIT WILL  
PREPARE A MENU OF LOCAL  
IN SEASON FOODS SPECIALLY  
FOR YOUR EVENT

See sample menus and call for an  
appointment to discuss the  
possibilities....

## Directions

South on Rt 1 at the corner of  
Rt 1 and Rt 27 in downtown  
Hampton, NH  
Behind the red brick building,  
next to the train tracks

Harvesting Hermit at  
Toot Sweet Pastry Shoppe  
Pastries by Chez Boucher

32 Depot Square  
Hampton, New Hampshire  
03842

(603) 967-4696

[tootsweetpastry.com](http://tootsweetpastry.com)

## Harvesting Hermit

*At Toot Sweet  
Pastry Shoppe*

Chef Prepared Locally  
Sourced Slow Food  
For those who are  
*In a hurry*



Open  
Tuesday-Saturday  
7-7

## Breakfast

7-10 am

Toasted Homemade English Muffin with butter or jam	\$1.50
Yogurt with fresh fruit	\$2.25
Add granola	\$2.75
Fruit Salad	\$2.50
Croissant	\$2.25
Chocolate Croissant	\$3.00
Maple Walnut Sticky Bun	\$2.50
Petite Brioche	\$1.50

### *Hot Breakfast Sandwiches*

Depot Square	\$4.00
Local eggs, Cheddar and tomato on homemade English muffin	
Boulangier	
Local eggs, in house cured ham, Swiss on toasted brioche	\$4.25

### Additional LOCAL options:

Popper's Breakfast Sausage	\$2.50
Smoked Bacon	\$2.25
Crispy Potato Pancake	\$2.00

## Beverages

Carpe Diem Coffee	\$1.50/2.00
Portsmouth Tea	\$1.50/2.00
Iced Tea or Coffee	\$2.00
Squamscot Soda	\$1.75
Squamscot Float	\$2.75
Bottled Water	\$1.00
Route 27	\$3.00
Coffee Milk Shake	
Route 1	\$3.50
Maple Milk Shake	

## Lunch

11-2:30

Daily Changing Soups from Scratch  
Chicken Chili /Ham Bean/Chowder

Daily Changing Fresh Salads  
Local Greens, Cheeses, Meats and Vegetables  
Such as: Spring Pea & Bok Choy  
Spinach and Goat Cheese  
Sweet Baby Beets

Conductor's Charcuterie Plate  
Local cured and smoked meats, cheeses and homemade condiments

### *Hot Sandwiches*

Chateau	\$6.25
Grilled Ham and Cheese	
Metro	\$5.75
Grilled Cheese and Tomato	
Jardin	\$5.50
Vegetarian special du jour	
Seacoast BLT	\$5.00
Local, Local & Local on fresh homemade bread	
BBQ Pulled Pork	\$6.75
Slow cooked locally raised pork	

*Cold Sandwiches* \$6.50

Smoked Chicken Salad	
Mixed with tomato apple chutney	
Ham and Brie	\$6.50
Hermit cured ham and VT Brie	
Roast Turkey	\$6.00
Fresh herb mayo and cheese	

## Pastries and

## Specialties

Fresh Bread  
Macarons  
Fruit Tarts  
Éclairs  
Cookies  
Cakes  
Sticky Buns  
Hermits  
Pies  
Crepes  
Baked Beans

## Ask for Sample

Custom Cakes  
Seasonal Pies  
Holiday Cookies  
Prepared Meals To Go  
Catering  
Locavore Dinner Parties  
Beach Boxes  
Prepared Meals To Go

Please call the Hermit at 967-4696 for details and ordering. Advance notices vary.

## Farmers' Market

## Prepared Meals

New meals prepared daily with seasonal locally sourced ingredients  
Also available at Farmers Markets in Exeter, Portsmouth, Hampton and Newburyport.